

MySurvivalAlliance



5 REASONS TO TRAIN FOR APOCALYPSE SURVIVAL

1. Global War
2. Ecosystem
3. Solar Flares
4. Man Made Particle Accelerator
5. Alien Invasion

A SURVIVAL DEFINITION WITH REAL MEANING

The importance of survival knowledge cannot even be put into words. We could wake up one day in a totally different world. If that happens, we want to make sure that we have the planning in place and the tools to survive. Let's start off by actually understanding what the survival definition is.

It is really important that you understand that this is merely a dictionary definition. The real survival definition is outlined by many things. Some of these include the choices you make, your level of expertise, your planning, and your understanding of survival scenarios. Always be prepared and never leave anything to chance, because you never know what could happen. The cost of not understanding the true survival definition could be your life.

Survival: The state of continuing to exist, despite being faced with difficult and challenging situations or circumstances.

The plural form of the word survival is survivals. When using a thesaurus, you will find that single word and multi-word synonyms include continuance, continuation, continuity, durability, endurance, and natural selection.

Now that we have a basic understanding of a survival definition, let's dig in and really explore what it means to us as individuals, or in some cases, a group. Survival is a challenge that is sometimes used as sport and sometimes a necessity of life. Whatever your use of survival, you better have a good understanding of everything there is to know. Your life depends on it.

There are many circumstances that may arise that could immediately put you in a survival situation whether you like it or not. Our world is currently faced with economic challenges, war, biological

concerns, nuclear threats, and natural disasters, just to name a few. What you do and the choices you make when one of these disasters strike is the ultimate survival definition.

Ever since the existence of mankind, we have faced economic challenges in one way or another. Throughout time, many clans, groups, empires, and countries have risen and fallen partially due to economic challenges. Usually, there is a balance of economy.

While some may struggle, others thrive. Unfortunately, a great deal of the world has been economically challenged. An economic collapse could mean the fall of great countries, forcing us into survival situations.

Unfortunately, war seems to be present also throughout history. War can put you into an unexpected survival scenario and you should really be familiar with survival techniques.

We have also had many advances in biological science. However, if something goes wrong, it could mean disaster. This also goes for man-made power sources, such as nuclear energy. I don't have to remind anyone of the recent disaster in Japan, where a tsunami caused the destruction of a nuclear plant.

We are constantly being challenged by natural disasters such as tsunamis, earthquakes, hurricanes, tornadoes, blizzards, changing weather conditions, depleting ozone layer, fires, floods, and more.

As you can see, we have many things that could go wrong and most people aren't ready for any of it. Are you? Take some time to gain a true understanding of the survival definition. Put a plan in place. Be ready if anything ever goes on.

Concerned about not being prepared for a survival situation?

We have all been faced with challenges. Being prepared for a survival situation can be quite simple if you know what you're doing.

Nutty Pumpkin Raisin Dip Recipe

Prep Time: 5 minutes

Total Time: 5 minutes

Ingredients:

- *1-1/2 cups solid-pack canned or homemade cooked pumpkin*
- *1 cup peanut butter*
- *1/2 cup chopped roasted peanuts*
- *1/2 cup chopped raisins*
- *2 Tablespoons honey*
- *1/2 teaspoon ground cinnamon*
- *Carrots, celery sticks, apple slices, and/or graham crackers for dippers*

Preparation:

Combine pumpkin, peanut butter, peanuts, raisins, honey, and cinnamon with a wooden spoon until well-mixed.

Refrigerate until chilled. Just before serving, crush 1 graham cracker into coarse crumbs and sprinkle over the top of the dip.

Serve nutty pumpkin dip with carrot sticks, celery sticks, apple slices, and/or graham crackers.

Great as a party appetizer, snack, or in the lunchbox for kids or adults.

Yield: about 3 cups.

CIVIL WAR EMERGENCY PREPARATION: MASTERING SURVIVAL TECHNIQUES!

Peace is fast becoming a scarce commodity in all parts of the world. If the threat of war is not from over the borders it is from within - civil war is what every country fears more than international aggression. The risk of having to face a civil war is an omnipresent risk and people need to be educated vis-à-vis what they need to do in times of civil unrest.

There are many countries such as Africa that are no longer affected by a civil war, in fact living in aggression has become a part of their lives, never the less they are well versed with ways of defending themselves and finding food and nutrition for their families. In Africa alone civil war has displaced as many as 5 million families many of them are living in evacuation camps set up by the army and social service organizations like the Red Cross.

Civil war is no different than a conventional war fought between two countries; the only difference is that the army is fighting people within the country. Nevertheless civil war can be a very devastating experience especially for women and children who in most cases are not equipped to fend for themselves. Apart from food, shelter and clothing problems civil war brings with it atrocities in the form of human rights violations - from military as well as civilian forces.

Every family living in a country that is threatened by civil war needs to put in place a contingency plan in case there is any unrest. These people should never live in the hope that their government will provide for them in times of unrest. Government, at most times, will heap atrocities on the people in times of civil war -

remember that the government is fighting civilians in their own country. So, civilians are the enemy!

Preparations for civil war should include survival courses where they are trained in the art of self-defense as well as the use of fire arms and other weapon training. While training in the use of fire arms adolescents must also be made aware of the dangers of handling a dangerous weapon, not just the adults.

Knowledge of first aid is very important in times of war and so every civilian must be well versed with the use of various first aid techniques. First aid kits must be prepared and kept ready to deal with open wounds as well as diseases such as diarrhea, malaria and other general contagious infectious diseases.

Families facing the threat of civil war need to prepare to be displaced in the hope of escaping violence. These people must prepare a displacement kit that would necessarily include all necessities such as covering, clothes and shoes. These times will mean living on the road for months without shelter. Your displacement kit will be of great help in these times. Include only the bare necessities in the kit to keep it light.

It is necessary to prepare for an emergency rather than hope it will not happen. So, if you are prepared you will have taken care of a few of your worries at least, and you will have improved your chances of surviving.

SURVIVAL BUNKERS AND A COMPLETE SECURITY SOLUTION

Today, more than ever, we are faced with the raw threat of nuclear war and disasters. If a World War breaks out, we can be sure that the damage will be on a massive scale. With terrorism activities on the rise, we are put in a position where we ourselves have to make sure that our loved ones are well protected from any such threat. Times like the 9/11 attacks have shown us how even our government cannot fully protect us from terrorists.

Any person who knows that the security of his/her family is not something that can be priced, should consider building themselves bunkers that are designed for such situations. These structures which are normally underground are built several layers of thick concrete to absorb the shock and radiation. Along with NBC filters designed to filter our poisonous gases, these structures can help you survive even the worst situation.



Designed with Precise Knowledge and Technology
In order to build a structure that is capable of protecting us from such a mass destruction such as a nuclear bomb, there is a need for the best technology as well as understanding of how the bombs themselves work. With a minimum of 8 layers of thick concrete, they can even take the shock and heat produced by a nuclear bomb.

Even the entrance as well as the exits need to be capable of sustain such heavy amounts of shock. A blast door is such a device that is necessary for any effective disaster shelter.

Nuclear and Bio-Chemical Threats

An effective shelter should be capable of protecting us from any type of war, be it nuclear, biological war or chemical warfare. Carefully placed emergency escape hatches along with air filters make a great way to ensure that we are completely secure. These filters are designed to filter out any gases that can be harmful. Not just wars but also accidents in industries that work with poisonous gases also pose a big threat and such filters are highly effective in addressing them.

Lead a Peaceful and Fulfilling Life

Once our primary need for physical security is met, it brings about a mind which is free of fear. Such a state of mind is absolutely necessary to function perfectly in this world. A well designed bomb shelter with the right bunker doors will protect all of our loved ones from any threat local or global.

With this knowledge, we are free to enjoy our lives much better. The state of mind resulting out of this understanding of safety will be a mind that can appreciate the beauty of relationships. Such a mind will also enhance the daily routine of existence and help us lead a joyous life.

FIVE REASONS TO TRAIN FOR APOCALYPSE SURVIVAL

These lists of apocalyptic events that may occur in our lifetime are a popular topic throughout the survivalist community. Each apocalypse scenario that is included has a high probability of occurring in the near future. Let us dig into the list.

1. Global War

We are living in a period of history where war is prevalent in many parts of the world. These wars are costing thousands of lives. The Iraq war as of March of 2012 has taken the confirmed lives of over 115,000 civilians alone. That is the number of people that live in Lansing Michigan. Imagine everyone in Lansing being wiped out by war, every single person that lives there... gone.

Now with the threats of war between the USA, Korea and Iran the concern for apocalypse survival is even higher. It is widely believed there are an estimated 20,000 active nuclear weapons in the world. It would only take a fraction of those nuclear weapons to destroy most life on earth.

2. Ecosystem

You cannot argue facts even if you

are not a tree hugging environmentalist you should have concern for what is happening to our ecosystem. At least 30,000 species become extinct each year. This is the highest number in recorded history of complete species dying off.

The reason for this destruction of living things is simply humans. Humans are clear cutting forests, creating and discarding harmful synthetics and slaughtering wildlife at an alarming rate. Each and every living thing on this planet plays an intricate role in each other's survival. A simple example would be the bees in the insect world, think about the ramifications if they became extinct?

The bees' role in the ecosystem is to pollinate the plant life, which many other species rely on for survival. If the bees and other pollinating insects were to become suddenly extinct the world would suffer worldwide crop failure, resulting in famine. So yes it may be time to prepare for apocalypse survival because we do not see much chance for change in human behavior.

3. Solar Flares

If you have been watching the news this year, you probably heard about the high level of solar flare eruptions occurring from the sun. It is true that the sun has heightened periods of solar flare activity and these current flares were to be expected by scientist. What else scientist have discovered is that stars far from our solar system have been seen to increase twenty times in brightness.

It is believed that these increases in brightness are actually due to giant solar flares, which are millions times more intense than what we have witnessed on earth. If our sun was to send out a solar flare of that intensity to earth we would all be vaporized in a matter of seconds. Scientist also believes that if the sun's activity were to increase by only 1 percent would cause another ice age. Apocalypse survival may not even be a choice in the event of a giant solar flare.

4. Man Made Particle Accelerators

Imagine a small black hole, perhaps the size of a car. This black hole slowly expands overtime and as it expands it devours anything that contains matter that is in its way, this includes any living thing. Many physicists have theorized that particle accelerators such as the giant Hadron Collider that is located in Geneva, Switzerland is currently capable of creating such a black hole.

Talk about manmade destruction. These black holes are made up of altered

matter called strangeletes, these strangeletes have to potential to engulf our whole planet. Currently there are over two thousand physicists from over thirty countries working on the Hadron Collider. The first major particle collision test is scheduled for 2012.

5. Alien Invasion

Sounds like a science fiction film doesn't it? The reality is that we are discovering new planets at an alarming rate due to programs such as the Kepler mission. The Kepler mission is a great example about why it may be time to prepare for apocalypse survival.

The Kepler mission is specifically designed to survey a portion of our region of the Milky Way to discover dozens of Earth like planets in or near the habitable zone and determine how many of the billions of stars in our galaxy have such planets. As of December 2011, there have been 2,326 planets found that are candidates to support life. The world-renowned scientist Stephen Hawkins believes that alien life most certainly exists, and that humans should be extremely hesitant about making any contact.

Hawkins fears are that Aliens may simply raid earth for its resources

leaving the planet in ruin. Stephen Hawkins also stated that "We only have to look at ourselves to see how intelligent life might develop into something we wouldn't want to meet.

I imagine they might exist in massive ships, having used up all the resources from their home planet. Such advanced aliens would perhaps become nomads, looking to conquer and colonize whatever planets they can reach."

In conclusion, the reasons listed above should at the very least cause some concern about the continuation of humanity and a reason to be ready for apocalypse survival.

Eggplant – Creole Aubergine

Eggplant casserole featuring onions, green bell pepper, garlic, mushrooms and diced tomatoes. Seasoned with basil, bay leaf, oregano, thyme, cayenne, and black pepper. Topped with cheese and bread crumbs. Ingredients - 1 Eggplant, cubed, sprinkled with salt, and placed in colander 20 minutes.

- *Kosher Salt*
- *2 tablespoons Vegetable Oil*
- *2 tablespoons Onions, chopped*
- *3 tablespoons Green Bell Peppers, chopped*
- *3 cloves Garlic, minced*

- *1/4 cup Mushrooms, sliced*
- *2 cups canned Diced Tomatoes*
- *1 (4 ounces) can Tomato Paste*
- *1/4 cup Fresh Basil, shredded*
- *1-1/2 teaspoons Ground Bay Leaves*
- *1 teaspoon Dried Oregano*
- *1/2 teaspoon Thyme*
- *1/4 teaspoon Ground Cayenne Pepper*
- *Fresh Ground Black Pepper*
- *1/2 cup Yellow Cheese, grated*
- *1/2 cup Seasoned Bread Crumbs*
- *1 tablespoon Butter*

Preparation:

- 1. Preheat skillet. Add vegetable oil and sauté onions and green bell pepper 3 minutes.*
- 2. Add mushrooms and cook additional minute.*
- 3. Add diced tomatoes and tomatoes to skillet.*
- 4. Simmer 15 minutes. Add herbs and seasonings and simmer additional 15 minutes.*
- 5. Preheat oven to 350 F.*
- 6. Boil water in large saucepan. Rinse eggplant cubes and drop into boiling water. Parboil 8 minutes or until tender.*
- 7. Remove eggplant to colander and drain.*
- 8. Arrange layer of eggplant in bottom of 10-inch x 10-inch casserole dish.*
- 9. Cover with tomato sauce. Arrange another layer of eggplant and top with sauce.*
- 10. Sprinkle yellow cheese over eggplant. Top with seasoned bread crumbs.*
- 11. Dot bread crumbs with butter.*