

# MySurvivalAlliance



## 10 TIPS TO SURVIVE AN UNEXPECTED HOLIDAY HURRICANE

1. Listen to local media stories to stay informed.
2. Talk to your tour or travel operator.

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## HOW A HURRICANE SURVIVAL KIT PACK CAN SAVE LIVES

When a hurricane hits, it is important to have the skills and the know how to protect yourself and your family. Hurricanes are becoming more and more dangerous and they are occurring more often. Even if you have lived through a hurricane before, there are some survival tactics that can prepare you for the next one.

A hurricane is a tropical storm with winds reaching over 75 miles per hour and they usually occur over an oceanic area. A hurricane is called by different names, depending on where you live, they are called typhoons, and tropical cyclones, but both of these are the same as a hurricane. There are also several parts to a hurricane including the eye, which is in the center of the hurricane; it is usually calm in the eye and can be deceptive during a hurricane, never come out of your home until local officials tell you to do so the hurricane may not be over, you may just be in the eye. Just outside the eye is the eye wall; this is where you will find the strongest wind and rainfall.

Spiral bands lie outside of the eye and can be very large producing wind and rainfall. There are five categories to hurricanes. With a category one-hurricane wind speed is in excess of 75 miles per hour and a category five hurricane can have wind speeds of 155 miles per hour or more with categories two through four producing winds in between.

Now that you understand a little bit about the inner workings of a hurricane, let's discuss what you do if you are ever in the path of a hurricane. It is important to discuss with your family and loved ones what you will do before a hurricane strikes. You should have a detailed plan available in case of a mandatory evacuation.

You can assemble a small kit that you keep in a safe place and include a first aid kit, flashlight and radio with extra batteries, canned food, supply of water, raincoats, sleeping bags, and any items that

an infant or elderly person cannot live without especially lifesaving medications.

It is important to have a weather radio available and to follow any instructions you are given. You should have a full tank of gas if you know that a hurricane is coming in case of a quick evacuation. You should never go near floodwaters; if the area you live in is starting to flood you should immediately seek out higher ground. If you are evacuated never return to your home until emergency officials have informed you to do so.



The best way to protect yourself and your family during a hurricane is to purchase a hurricane survival pack on the Internet. They are affordable and all of the guesswork is taken out of deciding the most important items to have during a hurricane. Hurricane survival packs include many things you may never think of, and they are sold in watertight containers.

They include items such as folding shovels, watertight storage bags to contain important documents, duct tape, a tarp, an axe, and many other things to help you survive during a hurricane and aftermath. You can also purchase survival packs designed just for kids and pets.

You may also want to purchase food rations. Many food rations have extended shelf lives and will not spoil during extreme temperatures and

conditions. You can buy food for humans, and pets. Most people forget about their loyal pet companion when preparing for a disaster.

You should also have plenty of water on hand in case of a hurricane emergency. This is something that can also be purchased online. Whether you are looking to purchase the water itself, containers and bags to store water in, or a water purification system, you can find a variety of ways to ensure clean drinking water during and after hurricane.

Hopefully you will never have to survive a disastrous hurricane, but if you do, it is imperative to have the proper tools and knowledge to help you and your family survives. If you are lucky enough to avoid a hurricane, the peace of mind a survival pack can provide is priceless.



## SURVIVAL AND EMERGENCY – HURRICANE READY: EVACUATE OR STAY?

Storms can be a result of pending weather conditions. If a hurricane is coming, do you stay? Or do you leave? That is one decision that you must make yourself. If you decide to stay, here are some helpful tips to get you prepared to buckle down. The idea is to be self-contained.

First, fill up your gas tanks including vehicles, chain saws, or any other equipment that requires fuel. If the power goes out, you won't be able to pump fuel at your local gas stations.



Next, go groceries shopping. Stock up on water. You will need at least one gallon per person per day for two weeks. Also stock up on food for everyone. I recommend can goods, dry cereal, protein bars, peanut butter, etc. Pick up a portable (nonelectric) can opener. While you are at the store, pick up flash light batteries in assorted sizes.

You may need to shop at your local home center store, too. Pick up boards and duct tape for windows. Board up all windows. Use the duct tape as a backup for the boards.

Next, pack up like you are leaving. Gather clothes, medications, toys, pillows and blankets, and important papers. Put the important papers in a sealed plastic bag. If your roof leaks, your papers are covered. If something happens to your house while you are there, you may need to leave in a hurry. You won't want to go looking for things.

If you stay, make sure you are not in the path of a tidal surge. Hurricane Katrina had an 18' tidal surge. How high is your house built up? If your house is ten foot above sea level, an eighteen foot surge will still cause flooding.

Trees are beautiful and give shade to your home. But they are terrible in a hurricane. Pines trees have deep roots so they snap in high winds. Water oak trees have shallow roots. If the hurricane brings a lot of rain that accumulates around a water oak, they will fall over, tree, root ball and all. Beware.

These are minimum requirements to keeping safe and being self-contained. Keep an eye on your local weather stations and news. If the TV stations go off the air, tune into your radio station. Be alert at all times.

And now I invite you to join me in learning energy saving tips you can do yourself to decrease your electric bill at <http://www.energyconsciousconsultant.com>.

# 10 TIPS TO SURVIVE AN UNEXPECTED HOLIDAY HURRICANE

As you pack the last items of your luggage, ready for your tropical vacation, nobody likes to think about the event of a natural disaster. The thought that a hurricane could ruin your perfect 'relaxing' break in the sun should rightly be the last thing from your mind, but if you're heading to a region where such natural disasters are known to occur, it can never hurt to be prepared. Of course worldwide travel insurance can provide some peace of mind that you'll be reimbursed for your medical fees or lost valuables, but in terms of survival, some hurricane advice is absolutely essential. For that reason, we've compiled a list of 10 things you can do to ensure your safe return to the UK.

So, if you hear of a warning, follow these 10 pieces of hurricane advice to ensure you stay safe in the event of disaster:

**1. Listen to local media sources, to stay informed**

Keep an eye on local news and an ear on local radio! Latest developments will be shared this way, and they will offer insights into when any hurricane is due to strike. If the local hurricane advice is to evacuate, you'll hear it here first!

**2. Talk to your tour or travel operator**

Stay in touch with your travel or tour agent. They may be able to offer additional hurricane advice and, combined with local radio reports, will let you know if you need to leave the area immediately.

**3. Make alternate return travel arrangements home**

If a hurricane does hit the resort and/or country you're staying in, you can anticipate widespread damage. Airports are not above these hits, and it may take some time for them to reopen if they take some serious damage. It may be wise to make alternative travel arrangements to get back home after the incident, and rearrange home-based commitments if you have any. You could be here a while!

**4. Stay inside, away from doors and windows**

If a hurricane is due to hit, and you don't have time to evacuate the area as advised, then ensure you are indoors when it is due to strike. It is absolutely essential that you ensure you are far away from all doors and windows when it strikes.



**5. Make a hurricane supply kit**

If you're going to be confined to your hotel or apartment for the duration of the hurricane, make sure you're prepared. Think enough food and water to last 24-48 hours, batteries, flashlights and medication.

**6. Contact the UK consulate**

The UK consulate can provide assistance for UK citizens, but only if they know you are here! Make contact before and after the hurricane.

**7. Make a list of emergency contact numbers**

Yes, your mobile phone may store all the contact numbers you will need, but you can't guarantee your phone will have charge when you need to access them - and it may be impossible to charge it if the power is out in the affected areas! Make a hard copy of all the telephone numbers you will need, so you can make contact with friends and relatives somehow after the hurricane.



**8. Get all your documents together before you need to evacuate**

You may need to evacuate at a moment's notice. Get all your important documents (ID, passport, travel insurance certificate, drivers license, etc.) together in one place so you have everything essential to hand if you have to leave quickly.

**9. Secure the building's openings against the hurricane**

Tape, board over or shutter any openings to the building - doors and windows alike. Ensure that any sliding glass doors are wedged to make sure they don't lift up from their tracks. This will minimize the chances of injury from broken glass.

**10. Take your worldwide travel insurance certificate along with you**

Take your worldwide travel insurance certificate with you when you travel (you did get travel insurance, right?) Not only will you need to produce the worldwide travel insurance certificate when making a claim, but if you require emergency treatment, the hospital will want a copy when you are first admitted - otherwise you may be stuck with a huge bill you cannot afford!

Obviously, the chances of you being caught in an unexpected hurricane in the middle of your holiday are remote, but these tips can make a very real difference, and could save your life and keep you free of injury should a natural disaster occur.

## SURVIVAL QUESTIONS YOU MIGHT WANT TO ASK YOURSELF

There is zero doubt that the time are changing. With recent hurricanes, economic meltdown, and Mr. Bin Laden still on the loose, natural or manmade disasters are now more a part of our lives than ever.

You only need to watch Fox News or CNN for an hour or two to become a little frightened about the possibility of the sky falling on our heads at any time. There are so many (or too many) cogs in the wheels of our economic system that allow any minor disturbance to have a seriously detrimental effect on the supply chain of goods to our local grocery stores. I have recently been reading many, many web sites and blogs that deal with hurricane survival, disaster survival, and survival preparedness.

One aspect of preparing for a prolonged survival situation that has been commonly overlooked is how to deal with family, friends, and neighbors that have NOT prepared for the worst-case scenario after the **bleep!** hits the fan.

Remember, YOU were smart and prepared for a disaster with a comprehensive survival kit with a 3 months' supply of food and water, maybe a gun or two, and a few must have luxury items because you realize that you just can't rely on anyone but yourself when things get ugly (i.e. Hurricane Katrina). This is where I would like to propose a few hypothetical questions.

While you're next door neighbor went on a fancy and expensive vacation to Europe and didn't heed the warning to prepare, would you share your survival rations?

Your best friend just purchased a new Corvette and is more worried about rims and tires than preparing a survival kit, would you share your survival supplies?

Your sister didn't even stash a can of corn in her cupboards, but she knows you did because you have been telling her since before Y2K that you have been preparing for a disaster, would you share your gear?

A pack of hungry, desperate, and angry fellow citizens decide that your supplies are now theirs, would you defend your supplies by all means necessary?

We have been extremely fortunate in our lifetime to not have experienced a great shortage of basic staple goods and empty grocery shelves. But, we have never as a country faced the economic quicksand that we are drowning in today.

Oh yeah, don't forget Mother Nature, because she is the one that is really in charge. I'm still trying to define my answers to the questions proposed above, but it is worth a moment of time to consider both the questions and the potential answers.